

My Life Is Dance

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Junghye Yoon (KOR) - January 2026

Music: My Life - LuckyStar (복별)



TAG 1: * After Wall 12: 4 counts facing 12:00 o'clock

1-4 Hip bumping R, L, R, L

Intro: 64 Counts

Sec 1 : WALK FWD R,L, SHUFFLE FWD, ROCKING CHAIR

1-2-3&4 Step forward RF(1), LF(2) Step RF forward(3), Step LF next RF(&), Step RF forward(4)

5-8 Rock forward LF(5), Recover onto RF(6), Rock back LF(7), Recover onto RF(8)

Sec 2 : PIVOT 1/4R TURN R, CROSS SHUFFLE, ROCK SIDE, RECOVER, WEAVE

1-2 Step forward LF(1), Turn 1/4 right step RF(2) 3:00

3&4 Cross LF over RF(3), Step RF next LF(&), Cross LF over RF(4)

5-6 Rock side RF (5), Rocover onto LF(6)

7&8 Cross RF behind LF(7), Step LF to left side(&), Cross RF over LF(8)

Sec 3 : SIDE, TOUCH, LINDY STEP, SIDE, TOUCH

1-2 Step LF to left side(1), Touch RF next LF(2)

3&4 Step RF to right side(3), Step LF next RF(&), Step RF to right side(4)

5-6 Rock back LF(5), Recover onto RF(6)

7-8 Step LF to left side(7), Touch RF next LF(8)

Sec 4 :, TURN 1/4 L SIDE, TOUCH, 1/4 L FWD, TOUCH, HIP BUMP R,L,R,L

1-2 Turn 1/4 left Step RF to right side(1), Touch LF next RF(2) 12:00

3-4 Turn 1/4 left Step LF forward(3), Touch RF next LF(4) 9:00

5-8 Hip bumpng R(5), L(6), R(7), L(8)

Enjoy Dancing!

Contacts

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Last Update – 20 Jan. 2026 – R1